

RETURN TO YOUR ROOTS 23 – SATURDAY 17TH JUNE

Time	Hamilton	Time	Hudson
11.00 – 11.30	Doors Open Hair Growth and Retention – Althea Hamilton	11.00 – 1.00	Children of the Sun - Saturday School Marcia Anderson Story Time - Sheryl Richards
11.30 – 11.55	Opening Drum Call – Dada Za Roho Libation Statement – NU Welcome Khembe Clarke Design Essentials Natural - Opening Remarks - Sharon Thompson		
12.00 - 12.45	Living whilst black in the UK Rowan Carr	1.10 - 2.10	Drumming Class (1hr) Tony Reid
12.50 - 1.30	Healing Foods from Our Roots! Leah Salmon	2.10 – 2.30	Lunch Break
1.30 – 2.00	Lunch Break (Dance by Stago)	2.30 – 3.30	Drumming Class (1hr) Tony Reid
2.00 – 2.15	My Hair story – from Loose Natural to Locked – Olivia Hinds	3.40 – 4.15	Children & Parent’s Reading Circle Valentina Alexander
2.20 – 3.10	Styling Tips - Derek Clements	4.20 - 5.15	Healing Circle – Michele Perry Springer & Jo Deans - UKABPsi , (UK Association of Black Psychologists)
3.15 – 3.30 (Main Hall)	Vocal performance Janel Antoneshia	5.20 – 6.10	Health & Spirituality Sister Michelle Asantewaa
3.30 – 5.00	Loose naturals & locs haircare & styling Design Essentials team	6.15 - 7.00	Men’s Mental/Spiritual/Cultural Health - Tafadzwa Mbandaka & Tunde Ife
5.00 – 5.40	All you need to know about Sisterlocks Michelle Smith & Coco Ayodele	7.05 – 7.40	Using Plants to Heal Bereavement Naturally - Kendra Gordon
5.45 – 6.30	What you need to know about Hair Loss Kameese Davis – Nylahs Naturals		
6.35 – 7.20	The Politics of Hair – Nyela Ukaidi		
7.30 – 8.00	African Inspired Fashion Show		
10.00 - 12.30	After Party – Everyone Welcome! (Hamilton Suite)		