

Return to Your Roots 2018 – Day 1 - 5th May 18

Time	Exhibition Hall	Westbury Suite	Gordon Suite (upstairs)
9 – 11.45	Exhibitors set up stalls	Set up	Set up
12 – 12.30	Opening & Introduction K Clarke Intro - Design Essentials Special Guest Mz Lady Lox Host Amlak Tafari		
1 – 2.15		Know Your Hair Type? Kameese Davis - Nylah Naturals Growing your hair long - Kadian Pow Bourn Beautiful	Children's Workshop - Learning to plait and Twist Rachel Williams - Dashes Hair Salon
2.15 -3pm		What can you do about scalp conditions and thinning hair Stephanie Sey - Trichologist	Workshop Young Girls love Yourselves Remani Love
3.10 – 3.20	Song by - Carol Brewster Poetry - Suzy Rowland		
3.20 – 4pm	Reclaiming Black Hair Industry Ovi King - Haircare Revolution		Styling tips for loose natural hair Sheba's hair salon
4. – 5pm		Design Essentials - Workshop How to maintain the health of naturally curly hair	4.15 Daddy Do My Hair workshop - Claudeth Bennett - Alpha & Omega Salon
5 – 6pm		Poetry - Suzy Rowland Guest Speaker MZ Lady Lox - Specialist loctician, educator & celebrity stylist	I love my hair - Children's workshop - Sheryl Richards
6.05 -7pm		Empowerment Workshop Short Film Future First - 'A love letter to black women and their hair' - Naomi Grant Confidence - by Maya Benjamin - young author	Workshop Life Prosperity & Health The benefits of Sema Kemet Yoga ShakaRa Speaks
7.15 – 8pm	Fashion show - 4 African Designers		