

Day 2 - Return to Your Roots 2019 – 5th May 19

| Time | Exhibition Hall/Hamilton | Hamilton Suite | Gordon Suite (upstairs) |
|--------------|--|--|--|
| 9.00 – 11.45 | Exhibitors set up stalls | Set up | Set up |
| 12.00– 12.30 | Branding your Business for Success (For stall holders and business owners) Vee Roberts | | |
| 12.45 – 1.15 | Welcome - Khembe Clarke Main Sponsors - Platinum Sponsor Go Juice Detox Gold Sponsor - First United Bakery Shop Host Amlak Tafari & LJ Hunter | | |
| 1.30 – 2.00 | | Relieving pain Naturally Sophia Morgan-Genus Marcia Makeda | |
| 2.00 - 2.30 | | Keeping our Children Safe Esah Johnson - | |
| 2.35 – 2.45 | Songs by Carrol Mapp | | |
| 2.50 – 3.-45 | | Black Men's Health - Understanding Vibrations Vasco Stevenson | Womb Health Rena Smith - Blaque 2 Natural Salon |
| 4 .00– 4.40 | | Design Essentials, Workshop Health & Styling tips for all hair types - Demos | Mosaic Therapy Dione Ible, QUEMANICS |
| 4.45 – 5.00. | Work Out | Go Juice Detox & Body MOT Erran Warden | |
| 5.05 – 5.35 | | 5 Keys to Black Women's Health Leah Salmon - Naturally You Coach | Teens Growing Self-Confidence & self-belief Sandra Joseph - Teen Girls Networking |
| 5.40 – 5.50 | Dance, Sago Aston Uni | | |
| 6.00 - 6.25 | | Financial Health Paul Lawrence Doreth Abrahams | Autism? or ADHD? – Suzy Rowland Happyinschool Project |
| 6.30 – 6.50 | | Redefining black women's success - Positioning Yourself for a shift - Le'Siran Edwards | Live Healing Foods Raw Kay |
| 6.55 – 7.15 | Songs by Chevelle Heavans | Understanding Spirituality Sakhmet | Sisters Empowerment Circle Healing of a Lifetime |
| 7.20 – 7.50 | | Health & Wellness Panel | |
| 7.50 – 8.00 | Songs Ras Negus - Finale | | |